



Working together to reduce the burden of diabetes

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June 2012

Dear Colleagues:

We are pleased to present you with the new edition of the evidence-based **BASIC GUIDELINES FOR DIABETES CARE**, revised June 2012. These user-friendly guidelines, developed by local and national diabetes experts, are consistent with the American Diabetes Association's *Clinical Practice Recommendations*.

New features include:

- Home Generated Medical Sharps Disposal
- Type 2 Diabetes Adult Insulin Guidelines

The Basic Guidelines serve as a framework for developing diabetes care programs aimed at reducing the personal and societal impact of diabetes. For over 15 years health plans and medical groups throughout California have adopted them to assure improved outcomes for their patients with diabetes. References are individually rated by experts.

The Basic Guidelines Packet is updated regularly and may be downloaded at www.caldiabetes.org. All materials may be reproduced with the citation noted on the bottom of each page. To support implementation of the Guidelines, the following are also available:

- *Guidelines Presentation*, a PowerPoint presentation for professionals.
- *Diabetes Health Record*, a self-management tool for patients available in 19 languages.
- *Take Charge!*, a PowerPoint presentation for patients.

The Guidelines and supporting materials are products of the Diabetes Coalition of California an independent, not-for-profit organization working to improve the lives of people with diabetes.

To learn how you can become a member of the Diabetes Coalition of California visit www.diabetescoalitionofcalifornia.org.

Sincerely,

A handwritten signature in black ink that reads "Lois Jovanovič, MD".

Lois Jovanovič, MD
Chair, Diabetes Coalition of California
www.diabetescoalitionofcalifornia.org